

## Referrers Monthly Update

### INFORMATION & SIGNPOST ADVISOR

If your organisation does not provide advice and you meet a client who would benefit from additional support, please feel free to tick the voucher, which the office will pick up. phone Nicola on 07736 993225 and she will be happy to answer brief questions or make appointments (Mon-Wed).


### THANK YOU


- With your help and support, we have been able to sign post and advise 159 clients in the last month!
- There were 929 food parcels distributed last month


### WHAT'S COMING UP NEXT

#### Learn How to Make Your Supermarket Shop Cheaper

Attend our FREE Workshop:

 Thursday 6th July

 10am - 12pm

 Empowering Education, 74 Dallow Road, Luton LU1 1LY

Limited spaces available!

Sign up today: <https://www.eventbrite.co.uk/e/budget-friendly-supermarket-choices-workshop-tickets-665145166097>

- **Our annual Colour Run takes place on the 1<sup>st</sup> July.** Sponsored by Atrumed Healthcare. Tickets are now sold out, but are welcome to visit the event on the day.
- **Inspire Eid** - Luton Foodbank and Inspire FM have come together to offer free fun fair rides and gifts for families during Inspire Eid, and with the generous support of Chalk Hill Academy, Kids Out and Tesco, it's sure to be a great time for everyone. We hope that the families who receive the vouchers enjoy the free rides' tokens and gifts for their children. **Wednesday 28th and Thursday 29<sup>th</sup> June 2pm to 8pm at Lewsey Park, Pastures Way, Luton, LU4 0PF.** See attached poster for further details.

### VACANCIES

- **Community Engagement Worker** - We are currently looking for an enthusiastic and proactive individual who can join the team to promote the work of Luton Foodbank, to help the public understand our mission, purpose, and operations, work alongside our Information Signpost Advisor to help our clients out of crisis. For further details visit: [Jobs - Luton Foodbank](#)

- **Advice Service** - If you would like me to hold an advice session at your organisation, please let us know and we will arrange this, alternatively you can request information to share with clients directly by emailing me at [Advisors@lutonfoodbank.org.uk](mailto:Advisors@lutonfoodbank.org.uk)
- I would also like to bring to your attention that clients who are international students, at either Hertfordshire or Bedfordshire University, can contact the University's welfare page.
  - **For Bedfordshire this is:** <https://www.beds.ac.uk/student-support/finance/cost-of-living-hardship-fund/>
  - **For Hertfordshire it is:** <https://ask.herts.ac.uk/overseas-emergency-financial-aid-oefa>
- They can also apply for Local Welfare Assistance from Luton Borough Council: [https://myforms.luton.gov.uk/service/Apply\\_for\\_local\\_welfare\\_support](https://myforms.luton.gov.uk/service/Apply_for_local_welfare_support)

#### **USEFUL INFORMATION FOR CLIENTS VOUCHER COMPLETION**

- The **Healthy Start scheme** is available for pregnant women or families with a child under 4 receiving income support or universal credit. It provides vouchers for milk, fruit, and vegetables. Application no longer requires a signature by a health professional, making it easier to apply <https://lutonfoodbank.org.uk/healthy-start/>
- **Holiday Activities and Food for children on Free School Meals** – You can request a call back from us to the client, to get their children booked for the Active Luton Holiday Camps!
- **Local Welfare Assistance** can be applied for online from Luton Borough Council's website: <https://m.luton.gov.uk/Page/Show/Benefits/support/Pages/local-welfare-assistance.aspx>
- Free Sim cards with data (for those clients identified by referrers only)

#### **RECIPE AND COOKING VIDEOS**

- Subscribe to our YouTube page **Luton Foodbank**, where you will find a variety of videos, from cooking videos and recipes to events and more! <https://lutonfoodbank.org.uk/recipes/>

#### **NEWSLETTER LINK**

Check out our Summer 2023 Newsletter at <https://lutonfoodbank.org.uk/?s=newsletter>

