

6th September 2023

Referrers Monthly Update

THANK YOU

- We hope you're doing well. We wanted to take a moment to say **THANK YOU** for your support.
With your help, we have distributed 1083 parcels last month, which is a decrease from the previous month. The total number of parcels equates to over 16,500 items, which would cost over £20,000.
- We had a very successful August food drive collecting at Tesco, Dunstable with 30 crates of donations and at Asda, Wigmore where we collected 56 crates of donations. Thanks to our volunteers, the staff at Asda and Tesco, and the generous customers.

INFORMATION & SIGNPOST ADVISOR

- If your organisation does not provide advice and you meet a client who would benefit from additional support, please feel free to tick the voucher, which the office will pick up. phone Nicola on 07736 993225 and she will be happy to answer brief questions or make appointments (Mon-Wed).
- With your help and support we have been able to advise and signpost 145 clients in the last month.

USEFUL INFORMATION

- The **Healthy Start scheme** is available for pregnant women or families with a child under 4 receiving income support or universal credit. It provides vouchers for milk, fruit, and vegetables. Application no longer requires a signature by a health professional, making it easier to apply
<https://lutonfoodbank.org.uk/healthy-start/>
- **Local Welfare Assistance** can be applied for online from Luton Borough Council's website:
<https://m.luton.gov.uk/Page/Show/Benefits/support/Pages/local-welfare-assistance.aspx>
- **Advice Service** - If you would like me to hold an advice session at your organisation, please let us know and we will arrange this, alternatively you can request information to share with clients directly by emailing me at Advisors@lutonfoodbank.org.uk



WHAT'S COMING UP NEXT

We have some upcoming events that we would love for you to join us at:

- **September Food Drive – Asda Wigmore, 30th September 2023** – We have three shifts starting from 9am to 11am, 11am to 1pm and 1pm to 4pm. If you are available to cover any shifts, please get in touch
- **Luton Monopoly** – Luton Foodbank has a chance to be featured on the Luton edition of Monopoly. To nominate Luton Foodbank, send an email to luton@winningmoves.co.uk with the subject heading "**Monopoly vote: Luton Foodbank**" by September 15. Let's show our support!

SUPERMARKET COLLECTIONS

We also have some upcoming supermarket collections where we would love your support:

- 28th October – Asda, Wigmore
- 25th November – Asda, Wigmore
- 2nd December – Asda, Wigmore
- 9th December – Tesco

OTHER UPDATES

- **Community Engagement Worker**

We have some exciting news to share!

Please join us in welcoming our new Community Engagement Worker, Yasmin Sultana to the team! She will be working closely with our partners to strengthen our impact in the community.

RECIPE AND COOKING VIDEOS

- Subscribe to our YouTube page **Luton Foodbank**, where you will find a variety of videos, from cooking videos and recipes to events and more!
<https://lutonfoodbank.org.uk/recipes/>

NEWSLETTER LINK

Check out our Summer 2023 Newsletter at [Newsletter, Summer 2023 - Luton Foodbank](#)

Thank you so much for your continued support. Let's make a difference together!