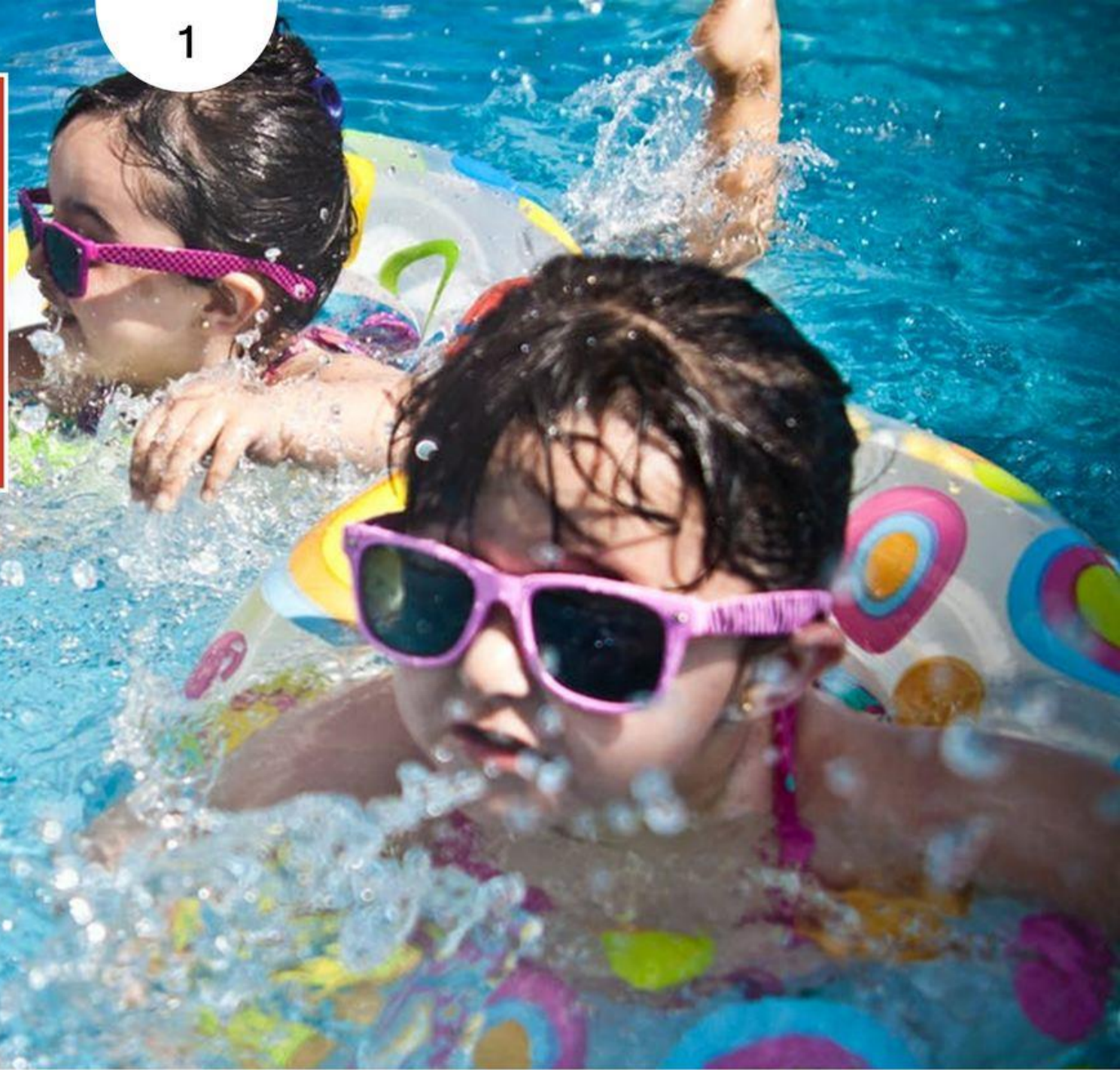


Summer 2022

luton foodbank NEWSLETTER



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Welcome to the summer edition of our newsletter.

I am pleased to share some of the work that Luton Foodbank has been doing in the town, as well as our plans for the future.



In this edition of the newsletter, we look ahead to the return of the Colour Run. It is something we haven't been able to do in recent years, but we are excited to bring people together for what is always a great community event.

Also included is a spotlight on our volunteering opportunities. As we enter the busy summer period, we would love you to join the Luton

Foodbank family. Please get in touch with us on the details at the bottom of this page.

This newsletter also looks at some of our supporters in the town, including those from our business and faith communities, as well as our work with young people.

With the cost of living crisis set to push more and more people into poverty, we know that the demand on our services will continue to increase.

However, we remain committed to our mission statement that 'no-one in our town should go hungry'.

It is for that reason we are working harder than ever to support people in Luton. Please continue to assist us where you can.

Every little act of support helps someone in need in Luton.

Liz Stringer

Liz Stringer
Chair, Luton Foodbank

How to get involved

Spread the word, and encourage people to use our services if they are in need.

- Share a fundraising idea with family and friends, and see who can raise the most money for us.
- Volunteer your time for one of our activities.
- Encourage your place of work to join us as a Business Ambassador.

Top five needed items



Tinned fish Tinned fruit

UHT long-life milk

Tinned soup Biscuits



In the community

Colour Run returns!

Join the fun when Luton Foodbank's much-loved Colour Run returns.

The event takes place on Saturday 2 July in Wardown Park, making its comeback following a three-year absence.

Participants can run, jog or walk the 5k, all while being covered in brightly coloured powder along the way.

"With what has been a difficult few years for many, events such as our Colour Run have not been able to take place," said Salma Khan, project manager for Luton Foodbank.

"We are glad to once again bring together people from all over our town for what will again be a wonderful event."



As ever, there will be trophies for the fastest runner, the fastest young person as well as biggest fundraiser.

As well as this, local high school groups made up of pupils and teachers, will be competing against one another.

Salma added: "Whether you are someone serious about running, or someone that prefers to take it at a more leisurely pace, we look forward to seeing you on the day."

"With so many in Luton enduring hardship, the Colour Run provides an opportunity to help raise vital funds for our work."

We are very grateful to our friends at Esquire Estates for sponsoring the Colour Run.

Foodbank partner celebrates 50 years

We recently joined our friends The Mall Luton at an event to mark their 50th birthday.

The Mall recently announced that Luton Foodbank and Level Trust would be their two nominated Charities of the Year.

We look forward to working with The Mall Luton's general manager Roy Greening and his team to support those experiencing difficulties in our town.

Congratulations once again!



If you or someone you know need support, please contact us.

With thanks to...

Meet the family

We would like to acknowledge just a few members of the Luton Foodbank family:

Sara Kelby (distribution volunteer)
 Opeyemi Olasupo (distribution volunteer)
 Attiq Malik (Luton Foodbank board member and food-drive volunteer)
 Rachel Hopkins MP (long-time supporter and warehouse volunteer)
 Nancy Roberts (supports our schools work by delivering assemblies)

Volunteer your time

As we enter our busy summer period, we are looking for people to join our team to help support our work.

We are particularly in need of help at our distribution points, as well as in the warehouse.

To volunteer, please get in touch using the contact details at the bottom of this page.

CBRE helps Luton Foodbank

Luton Foodbank were very pleased to be supported by CBRE recently, when a building survey was needed on our warehouse and roof. CBRE kindly arranged for a full survey of the building and a drone view of our roof to be undertaken and provided us with a written report on their findings. The report will help us now and for some years to come with our maintenance of the building. The work was undertaken free of charge by CBRE, enabling Luton Foodbank to save a considerable sum of money which will now go towards our work to help feed those in need in Luton.

CBRE



Masjid thanks



Our deepest appreciation goes to Masjid-e-Ali who made another superb donation following a food drive as part of Ramadan. Once again, their donation topped 10,000 food items. Thank you all!

London Luton Airport's Golf Day

On 10 June, London Luton Airport held a day of golf at Luton Hoo to raise funds for its chosen charities.

We would like to thank them for organising this, and also thank all who took part.



London Luton Airport

Pictured left: Luton Foodbank's Dharmi Patel with Tricia Harris (centre) and the rest of the airport team.

Business sponsors



We will be showcasing two of our business in supporters in each newsletter.

This issue, we're pleased to give a mention to Aegis Support Services and London Arbitration Centre. Their generous support helps ensure no-one in Luton is hungry.



If you or someone you

In other news



Signposting Advisor

Hi everyone, I'm Nicola. As a Signposting Advisor at Luton Foodbank, I can speak with you about how you could get a food parcel.

I also provide information and guidance for anybody who needs help with other matters, such as tackling debt.

Get in touch with me at advisors@lutonfoodbank.org.uk

Unleashing Potential



Working with our friends Unleashing Potential, we've had a busy start to the year delivering a series of initiatives aimed at young people in our town.

Unleashing Potential have supported Luton Foodbank over the years by raising awareness of our work in the community.

In March, the STEM Festival gave local youngsters the opportunity to get involved in fun experiments during British Science Week. As a result, £200 was raised for Luton Foodbank.

The photo (left) is of the Mad Science Club session, which runs again over the course of the summer—do look out for details of it on our social media.

As well as this, pupils from Challney High School for Girls were mentored by team members from Connect4Causes, a wonderful local organisation made up of young people.

Schools are an important part of Luton Foodbank's work around the town.

In May, we were part of the Luton is Home photography competition as school children were given the chance to show off their creativity. We were blown away by the quality of the submissions and had a tough time choosing the winning entries. Prizes came courtesy of The Mall and were awarded to the winners from schools all over Luton at The Big Iftar, in April. The projects were led by Jawairiya Tanveer and Amar Azam, two of the Unleashing Potential team.

"It was a real pleasure being involved in these great projects which gave a chance for young people to learn and be inspired," said Jawairiya, pictured (right) with some of the winners from Denbigh High School.



Information leaflets

Available in six languages

