

Obțineți
sfaturi și
asistență
gratuite!

Dacă întâmpinați orice fel de dificultăți sau aveți probleme financiare, vă rugăm să discutați cu consilierii noștri care vă pot vorbi despre opțiunile pe care le aveți.

advisers@lutonfoodbank.org.uk
Clare 07736993223
Nicola 07736993225

Programări disponibile: Luni-Vineri
10:00 – 15:00, în funcție de
disponibilitate.


no-one should be hungry

info@lutonfoodbank.org.uk
01582 725838



If you're struggling, we can help...



For non-perishable food parcels
info@lutonfoodbank.org.uk
01582 725838



For hot food and advice for the
homeless 01582 728416



For school uniforms, shoes and coats
admin@leveltrust.org
07480 753905



For food and advice
01582 452356



For food parcels, home safety, advice
and companionship for the elderly
admin@ageconcernluton.org.uk
01582 572030



For grants, food vouchers and utility
support for Farley Hill residents
of all ages
farleybiglocal@ageconcernluton.org.uk



For clothes, shoes, towels and bedding
info@thecourtneyfoundation.org
07311 063676



For advice on mental wellbeing
info@ourmindsmatter.org.uk
www.ourmindsmatter.org.uk



For digital poverty
admin@lutonlearninglink.org
01234 511 511



For support with physical and
emotional health 0300 555 4152
www.totalwellbeingluton.org

www.lutonfoodbank.org.uk